

Shalla D. Rogers has always had a gift for listening and helping others. Throughout her lifetime she has been the community counselor to anyone who needed a gentle ear and focused word. Shalla has discovered practical ways to add balance to overwhelming lifestyles. Because of her own experiences, she has been able to learn simple tools to guide you on how to create balance in everyday situations for a more fulfilling life.

With her vibrant smile and outgoing personality, many have stated, their life was changed just by being in her presence. She is known to have a comical perspective on how to view life's circumstances, which gives her the ability to make everyone that enters her path more comfortable about their journey.

Shalla is an active member at Grace Church of Humble and finds joy in assisting others, which is why she finds herself being a part of many ministries. She currently serves on the Prayer Team and volunteers for other various ministries and connect groups.

One of the places that is close to Shalla's heart is 1Embrace Inc, a non-profit organization where she serves as the Executive Administrator where women are lead into a growing relationship with Jesus Chris that leads to healing, deliverance and freedom. She also serves as a Counselor for the Bridges to Life program; whose focus is on rehabilitation, reconciliation and community safety.

In addition to being a Life Coach and Counselor, Shalla also draws on her 20-plus years of experience in professional development through the training, coaching, and counseling of over 500 customer service representatives, for several Fortune 500 insurance companies. Shalla holds a Bachelor in Biblical Counseling from The College of Biblical Studies.

Shalla is a catalyst for change. With this gift, she has been able to apply practical steps in any aspect of life; being church conferences, corporate seminars, one-on-one mentoring or community events. She creates a unique experience allowing you to locate that one thing that's applicable to your situation, which catapults you into a new beginning.

In her spare time, Shalla enjoys traveling, event planning, floral design and being surrounded by those she love in sunny Houston, Texas.